

A GUIDE FOR PATIENTS

LITERATURE

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literature page



❖ Sports Injury

➤ Mesenchymal Stem Cells Therapy in the Sports Knee

The relationship between biological tissue healing following knee injury or surgery and long-term clinical outcome has come to the forefront of sports medicine practice. This has led many knee surgeons to incorporate biologically mediated healing factors into the management of knee injuries. In particular, the clinical use of mesenchymal stem cells has opened new horizons.

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➤ Stem Cells for the Treatment of Skeletal Muscle Injury

Skeletal muscle injuries are extremely common, accounting for up to 35-55% of all sports injuries and quite possibly impacting all musculoskeletal traumas. These injuries result in the formation of fibrosis that may lead to the development of painful contractures, increase their risk for repeat injuries, and limit their ability to return to a baseline or pre-injury level of function.

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➤ **Prospect of mesenchymal stem cells in therapy of osteoporosis: A review**

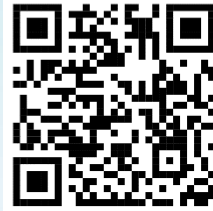
Osteoporosis is a systemic skeletal disease associated with reduced bone strength that results in raised fracture risk, with decreased bone strength, leading to reduced bone mineral density and poor bone quality.

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➤ **Mesenchymal stem cell therapy for sports injuries**

The number of sports-related injuries is on the rise as more people are involved in sports, especially the extreme sports that are prone to injury. A serious sports injury might end the career of an athlete. Thus, prompt and effective treatment is very important for these injuries.

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